

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Enfield Carers Centre	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Enfield	
Contact person: Mrs Pamela Burke	Position: Chief Executive
Website: http://www.enfieldcarers.org	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1140089
When was your organisation established? 08/02/2010	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Older Londoners
Which of the programme outcome(s) does your application aim to achieve? Carers aged 65 years and over better able to access support, advice and respite Older Londoners having increased awareness of benefits, finance, housing and other rights
Please describe the purpose of your funding request in one sentence. Older Carers Advice & Support - offering support, breaks, advice and help to improve older carers' financial status and personal well-being.
When will the funding be required? 02/01/2017
How much funding are you requesting? Year 1: £24,377 Year 2: £34,026 Year 3: £34,345 Total: £92,748

Aims of your organisation:

Charitable Aims as noted by Charity Commission: THE RELIEF OF PERSONS SUFFERING FROM DISABILITY ARISING FROM AGE OR PHYSICAL OR MENTAL DISABILITY BY THE PROVISION OF ADVICE, SUPPORT AND INFORMATION FOR THOSE PERSONS CARING FOR PERSONS WITH SUCH DISABILITIES IN THE LONDON BOROUGH OF ENFIELD.

Main activities of your organisation:

Enfield Carers Centre (ECC) aims to be a central resource in the borough supporting people who live or care for someone who lives in Enfield, who needs their assistance because of illness, disability or substance misuse. We support unpaid, family carers with the following services: peer support groups, advice, advocacy, information, training, carers' breaks, counselling and carers assessments.

We understand the importance and value of carers' contribution to society in providing necessary and essential support to users of statutory health and social care services. Carers save social services and health providers billions by providing unpaid care and ECC aims to help them have their voices heard and become equal partners in care .

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
11	3	9	10

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	2 years

Summary of grant request

NEED: The 2011 Census recorded over 1.8m UK carers aged 60+ (over 50% of carers aged 80-84 provided 50+ hours of care weekly). The number of carers aged 85+ grew by 128% in the last decade (Carers UK and Age UK, 2015). Often invisible, many older carers provide long hours of vital care and support while their own health and wellbeing deteriorates, resulting in poor physical and mental health, financial strain and breakdown in their ability to carry on caring.

Enfield's Census figures showed that, of approximately 30,000 carers, 18% were 65+ and 37.5% of them cared for 50+ hours. The number of carers nationally over 85 is expected to double over the next 20 years (HM Government, 2014). Notably, the total number of carers rose by 11% between 2001 and 2011, but older carers rose by 35%.

Carers approaching retirement could experience changes in income of particular concern. Benefit entitlements may alter, due to age or changing health needs of carer or cared-for person. Carers need specialist advice to understand these changes and make benefit applications.

Enfield Carers Centre (ECC) started in 2010 and now supports approx. 4700 carers. ECC currently provides benefits advice for carers of all ages funded from reserves and partial funding from Warburtons (ends 2017). However, because of increasing numbers, older people caring in Enfield need to be specifically targeted. Many miss out on benefits because they:

- * don't know what's available
- * are reluctant to claim
- * assume they aren't eligible
- * believe the application process is too complicated (Age UK 2014)

DELIVERY AND AIMS:

This project will target older carers (65+) in Enfield providing advice and support to reduce financial hardship, isolation, deprivation and threat of homelessness.

The project will aim to target and reach carers who are:

- elderly and vulnerable
- from BME and hard-to-reach community groups
- suffering poor health,
- supporting someone discharged after a long hospital stay.

The project will offer:

- home visits to carers unable to access services due to frailty, transport difficulties, mobility/disability issues or their caring role
- one-to-one and group advice sessions
- interpreting, signing and translation services to ensure accessibility of information
- weekly benefits/income maximisation appointments at ECC
- support, advocacy and carers break activities
- quarterly advice sessions at GP practices or other local, community venues
- a smooth gateway into other comprehensive and free support services at Enfield Carers Centre such as the carers emergency card scheme, counselling, information/training workshops and carers assessments.

ECC's senior managers have over 20yrs' experience in the caring field. ECC holds a solid history of partnership working with local multicultural and vcs organisations, reaching hidden/BME carers, ensuring accessibility of information to diverse groups.

Regular project effectiveness/evaluation will be achieved via feedback forms and follow up calls by volunteers to assess the outcomes of applications and the effect on carers' lives as a result. These calls will have the double benefit of reducing social isolation by keeping in touch with older carers and measuring the impact of the project outcomes.

Involvement of volunteers is key to this project who'll assist by raising awareness, distributing information leaflets, liaising with BME and community groups. ECC aims to

recruit inter-generational volunteers from diverse backgrounds wherever possible to provide peer support for carers accessing the project.

Advice workshops closer to carers' homes reduce extended journey times. By providing assistance with online benefit applications, using a cloud-based database to record outcomes, ECC can reduce paperwork generated and minimise our carbon footprint in the local environment.

See attached proposal for more detail on how this project will function and benefit carers.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

PQASSO (Practical Quality Assurance Systems for Small Organisations) Level 1
Carers Trust Quality Award Level 1

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

The recruitment of a Carers Advice & Support Officer will enable 20 x home visits per year to elderly, vulnerable carers unable to access the service due to frailty, transport difficulties, mobility/disability issues or their caring role

One to one benefit appointments two days per week = 6 appointments per week x 48 weeks per year = 288 appointments = 864 appointments for the duration of the project.

Quarterly advice sessions at GP practices or other community/faith venues will provide 12 Outreach session over the 3 year period. Each outreach session provides 6 appointments = 72 appointments for the duration of the project. However, some outreach sessions will be group information events widening the dissemination of carers' advice.

100 entirely new older carer referrals per year in receipt of advice, support and respite. New carers will enter a smooth gateway into comprehensive and free support services at the Carers Centre. 300 new older carers over project life. 12% from BME communities (figures based on historic projections).

10 volunteers recruited to assist the older carers advice worker over the duration of the project. Volunteers will assist with key tasks such as identification of carers at GP & Hospital settings, distribution of benefits information leaflets, liaising with BME and community groups, raising awareness of the project, evaluations etc.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Increase in the number of older carers supported to maximise their income and/or make claims for welfare benefit and increased referrals for statutory services, where necessary and also to other voluntary sector agencies. This will reduce financial difficulties carers may experience as they age.

Improved emotional wellbeing for older carers as a result of better access to the holistic package of support by Enfield Carers Centre. Some carers need time to recognise and accept help. ECC can enable carers to feel empowered to access services/accept help.

Older carers of adult children with learning or other disabilities will benefit from reduced concerns about their future (including financial and caring matters), because they will be supported to think about emergency support plans and future planning e.g. wills & trusts and/or end of life care.

Improved identification of and support for previously unregistered older carers, via GP practices, and other community settings. Carers from multicultural backgrounds will have improved access to carer support services at venues familiar to them e.g. faith/multicultural centres. Interpreters will be provided when required.

Reduction in social isolation for older carers, via the use of volunteers who'll perform a befriending/evaluation role following up on outcomes and assessing the value of the project.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Additional funding will continue to be sought for the project from external funding sources such as Carers Trust (the national affiliated body for carers centres) and other charitable funders. ECC currently works in partnership with the local CAB and if unsuccessful in this bid, will endeavour to host volunteer-led group advice sessions to ensure continued service for carers.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

5,200

In which Greater London borough(s) or areas of London will your beneficiaries live?

Enfield (100%)

What age group(s) will benefit?

65-74

75 and over

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

0%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary including tax, NI and incremental pension contributions 2017-20	28,767	29,058	29,352	87,177
Management costs	959	1,114	1,115	3,188
Overhead costs based on 5% full cost recovery inc. admin, stationery, postage etc.	462	469	477	1,408
Premises cost - £640 e.g. room hire @20phr	720	720	720	2,160
Travel expenses for home visits	200	200	200	600
Volunteer Expenses £10 pp x 3 days pwk x 48 wks	1,440	1,440	1,440	4,320
Translation, Interpreting & Signing Costs	500	500	500	1,500
IT equipment and telephone costs	1,179	525	541	2,245
	0	0	0	0
TOTAL:	34,227	34,026	34,345	102,598

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Warburtons Family Matters Fund	9,850	0	0	9,850
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary including tax, NI and pension contributions & 1% increment in 2017	20,469	29,058	29,352	78,879
Management costs	327	1,114	1,115	2,556
Overhead costs based on 5% full cost recovery e.g. admin, postage, stationery, utilities etc.	462	469	477	1,408
Premises cost - £720 e.g. room hire @20phr	0	720	720	1,440
Travel expenses for home visits/outreach	0	200	200	400
Volunteer Expenses £10pp x 3 days pwk x 48	1,440	1,440	1,440	4,320
Translation, Interpreting & Signing Costs	500	500	500	1,500
IT equipment and telephone costs	1,179	525	541	2,245
	0	0	0	0
TOTAL:	24,377	34,026	34,345	92,748

APPENDIX A

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary including tax, NI and incremental pension contributions 2017-20	31,211	31,523	31,838	94,572
Management costs	959	1,114	1,115	3,188
Overhead costs based on 5% full cost recovery inc. admin, stationery, postage etc.	462	469	477	1,408
Premises cost - £640 e.g. room hire @20phr	720	720	720	2,160
Travel expenses for home visits	200	200	200	600
Volunteer Expenses £10 pp x 3 days pwk x 48 wks	1,440	1,440	1,440	4,320
Translation, Interpreting & Signing Costs	500	500	500	1,500
IT equipment and telephone costs	1,179	525	541	2,245

TOTAL:	36,671	36,491	36,831	109,993
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Warburtons Family Matters Fund	9,850	0	0	9,850

TOTAL:	9,850	0	0	9,850
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0

TOTAL:	0	0	0	0
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary including tax, NI and pension contributions & 1% increment in 2017	22,913	31,523	31,838	86,274
Management costs	327	1,114	1,115	2,556
Overhead costs based on 5% full cost recovery e.g. admin, postage, stationery, utilities etc.	462	469	477	1,408
Premises cost - £720 e.g. room hire @20phr	0	720	720	1,440
Travel expenses for home visits/outreach	0	200	200	400
Volunteer Expenses £10pp x 3 days pwk x 48	1,440	1,440	1,440	4,320
Translation, Interpreting & Signing Costs	500	500	500	1,500
IT equipment and telephone costs	1,179	525	541	2,245
	0	0	0	0

TOTAL:	26,821	36,491	36,831	100,143
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2015
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Income received from:	£
Voluntary income	10,114
Activities for generating funds	326
Investment income	4
Income from charitable activities	514,286
Other sources	0
Total Income:	524,730

Expenditure:	£
Charitable activities	453,471
Governance costs	7,908
Cost of generating funds	0
Other	0
Total Expenditure:	461,379
Net (deficit)/surplus:	63,351
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	342,182

Asset position at year end	£
Fixed assets	0
Investments	0
Net current assets	405,533
Long-term liabilities	0
*Total Assets (A):	405,533

Reserves at year end	£
Restricted funds	159,693
Endowment Funds	0
Unrestricted funds	245,840
*Total Reserves (B):	405,533

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
91-100%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

The 2015/16 audited accounts information provided above does not reflect the fact that ECC will not have renewed funding for three key services including the project being bid for (i.e. GP Liaison (Enfield CCG), Hospital Support (big Lottery), Benefits Advice Project). Sadly ECC's reserve position cannot sustain ongoing subsidies for all three projects and therefore external funding is currently being sought.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	268,393	389,834	403,443
London Councils	0	0	0
Health Authorities	0	116,489	65,000
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Big Lottery	0	16,254	34,483
Warburtons	0	0	9,680
Carers Trust	0	400	1,500
	0	0	0
	0	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Pamela Burke**

Role within **Enfield Chief Executive**
Organisation: